



CONVERSIONS

1 cup = 8 fluid ounces

1 pint = 2 cups

1 quart = 2 pints

1 gallon = 4 quarts

1 liter = 1000 cubic centimeters

1 mile = 5280 feet

1 mile = 1760 yards

1 pound = 16 ounces

1 ton = 2000 pounds

AREA (A) FORMULAS

square $A = s \times s$
(s = length of a side)

rectangle $A = b \times h$
(b = length of base; h = height)

OR

$A = l \times w$
(l = length; w = width)

VOLUME (V) FORMULAS

rectangular prism $V = l \times w \times h$
(l = length; w = width; h = height)

OR

$V = B \times h$
(B = area of base; h = height)